

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 1 Girls 4x800 Meter Relay**

CLC Outdoor: # 9:18.65 2017		Rocori, Rocori	
School	Seed	Finals	
Finals			
1 Alexandria	9:51.29	9:32.65	
1) Halbe, Citori 9	2) Hochhalter, Madeline 11		
3) Miller, Jaelyn 11	4) Soderholm, Kasey 10		
2:23.256 (2:23.256)	4:55.844 (2:32.588)	7:12.725 (2:16.881)	9:32.647 (2:19.922)
2 Brainerd	9:48.71	9:38.52	
1) Miller, Madelyn 10	2) Kennedy, Katelyn 12		
3) Wenz, Brooke 10	4) Bastian, Emily 12		
2:25.663 (2:25.663)	4:53.219 (2:27.556)	7:15.023 (2:21.804)	9:38.512 (2:23.489)
3 Willmar	9:56.49	9:55.47	
1) Negen, Sophia 7	2) Martinez, Gabby 8		
3) Quinn, Hannah 11	4) Eilers, Lauren 10		
2:27.932 (2:27.932)	4:52.048 (2:24.116)	7:29.708 (2:37.660)	9:55.464 (2:25.756)
4 Rocori	10:08.24	10:22.55	
1) Hofer, Elise 9	2) Moore, Tara 9		
3) Nelson, Estle 11	4) Dingmann, Selma 12		
2:32.005 (2:32.005)	5:08.128 (2:36.123)	7:48.141 (2:40.013)	10:22.542 (2:34.401)
5 Fergus Falls	10:30.23	10:46.69	
1) Swanson, Olivia 10	2) Wellman, Alexis 10		
3) Mcconn, Violet 8	4) Dummer, Naomi 11		
2:35.347 (2:35.347)	5:27.586 (2:52.239)	8:05.808 (2:38.222)	10:46.687 (2:40.879)
6 Sauk Rapids-Rice	11:01.22	11:02.55	
1) Petermeier, Sienna 11	2) Rogholt, Claire 9		
3) Lucas, Ally 9	4) Bogle, Faith 8		
2:40.659 (2:40.659)	5:20.735 (2:40.076)	8:04.639 (2:43.904)	11:02.547 (2:57.908)

Event 2 Boys 4x800 Meter Relay

CLC Outdoor: # 8:02.71 2007		Brainerd, Brainerd	
School	Seed	Finals	
1 Alexandria	8:43.16	8:36.40	
1) Draper, Owen 11	2) Lehmann, Throck 11		
3) Moore, Evan 11	4) Ritter, Khelden 11		
2:15.868 (2:15.868)	4:19.062 (2:03.194)	6:23.370 (2:04.308)	8:36.398 (2:13.028)
2 Fergus Falls	8:37.00	8:38.04	
1) Erickson, Tommy 10	2) Ronnevik, David 11		
3) Tuel, Matthew 9	4) Bredenberg, Logan 10		
2:07.765 (2:07.765)	4:16.357 (2:08.592)	6:27.127 (2:10.770)	8:38.034 (2:10.907)
3 Sauk Rapids-Rice	8:53.98	8:43.76	
1) Hixson, Kieran 12	2) Wiebe, Collin 11		
3) Ostendorf, Alex 11	4) Martin, Nathan 12		
2:13.733 (2:13.733)	4:26.852 (2:13.119)	6:37.819 (2:10.967)	8:43.753 (2:05.934)
4 Brainerd	9:03.30	8:44.76	
1) Otto, Joey 12	2) Thiesse, Nolan 12		
3) Stadum, Ben 10	4) Feigum, Jason 9		
2:07.806 (2:07.806)	4:19.819 (2:12.013)	6:34.518 (2:14.699)	8:44.757 (2:10.239)
5 Willmar	8:38.20	8:50.28	
1) Heinen, Eli 10	2) Garcia, Andrew 11		

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3) Dubet, Fathi 11	4) Marcus, Alex 10					
2:11.947 (2:11.947)	4:23.479 (2:11.532)	7:17.502 (2:54.023)	8:50.280 (1:32.778)			
6 St. Cloud Apollo		9:20.73	9:16.77			
1) Clark, Nicholas 11	2) Gordon, Marco 10					
3) Ylinen, Logan 7	4) Sutton, Eli 10					
2:16.641 (2:16.641)	4:44.356 (2:27.715)	7:03.488 (2:19.132)	9:16.770 (2:13.282)			
7 St. Cloud Tech		10:21.17	9:37.31			
1) Butkowski, Samuel 11	2) Couzens, Lucas 8					
3) Wade, Marcus 9	4) Sandoval, Amado 11					
2:24.946 (2:24.946)	4:51.318 (2:26.372)	6:43.520 (1:52.202)	9:37.303 (2:53.783)			
8 Sartell		9:22.72	9:56.37			
1) Husemann, Brady 12	2) Supan, Beau 12					
3) Moorlag, Lucas 11	4) Wollak, Aaron 11					
2:25.253 (2:25.253)	5:00.555 (2:35.302)	7:30.658 (2:30.103)	9:56.365 (2:25.707)			

Event 3 Girls 100 Meter Hurdles

CLC Outdoor: # 14.10 1983 Nina Borgworth, Brainerd					
Name	Year	School	Seed	Finals	H#
1 Woods, Cecelia	12	Rocori	14.77	15.21	3
2 Goodwin, Violet	12	Brainerd	16.02	16.28	3
3 Gulbrandson, Addison	10	Alexandria	16.80	16.52	3
4 Gustofson, Ruby	9	Sauk Rapids-Rice	16.30	17.26	3
5 Jacobson, Avery	10	Rocori	17.10	17.43	3
6 Smith, Natalie	9	Brainerd	17.08	17.48	3
7 Gustofson, Delia	11	Sauk Rapids-Rice	17.04	17.54	3
8 Greener, Kylee	9	Sauk Rapids-Rice	17.34	17.65	3
9 Bertram, Madi	10	Brainerd	17.38	17.71	3
10 Oldenkamp, Lydia	10	Alexandria	17.81	17.81	2
11 Korynta, Sophia	11	Alexandria	17.81	17.87	2
12 Lang, Telilie	9	Willmar	17.97	18.34	2
13 Johnson, Gretta	12	Sartell	17.85	18.39	2
14 Nordlund, Sarah	10	Fergus Falls	18.52	18.47	1
15 Breikreutz, Lilly	9	Sartell	17.99	18.63	2
16 Weber, Camille	9	Sartell	18.41	18.85	2
17 Willenbring, Chelsea	7	Rocori	18.15	19.04	2
18 Quinn, Sophia	11	Willmar	20.35	19.13	1
19 Trout, Olivia	12	Fergus Falls	19.51	19.14	1
20 Gach, Elizabeth	9	St. Cloud Apollo	20.34	19.38	1
21 Miller, Hailey	9	St. Cloud Tech	19.69	19.87	1
22 Gor, Freedom	10	St. Cloud Tech	20.41	20.34	1
23 Hussein, Sabonti	9	St. Cloud Apollo	20.15	20.93	1
-- Powers, Abigail	9	Willmar	21.89	SCR	1
-- Marshall, Payton	11	St. Cloud Tech	18.29	SCR	2

Event 4 Boys 110 Meter Hurdles

CLC Outdoor: # 14.68 2012 Jackson Walters, Brainerd					
Name	Year	School	Seed	Finals	H#
1 Williams, Samuel	11	Alexandria	15.76	16.00	3
2 May, Ezra	10	Willmar	15.85	16.02	3
3 Anderson, Otto	10	Alexandria	15.91	16.04	3
4 Fruscianta, Dylan	11	Alexandria	16.49	16.40	3
5 Sportel, William	11	Willmar	16.11	16.75	3

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 4 Boys 110 Meter Hurdles**

6 Weekes, Noah	11 St. Cloud Apollo	17.16	17.39	3
7 Drontle, Grayson	12 Rocori	17.10	17.51	3
8 Aden, Khalid	10 St. Cloud Tech	18.23	17.94	2
9 Gondeck, Deagan	10 Sauk Rapids-Rice	18.47	18.03	2
10 Peterson, Kyle	10 Brainerd	17.43	18.20	3
11 Schliepsiek, Nicholas	12 Sartell	18.19	18.48	2
12 Post, Jack	10 Sauk Rapids-Rice	18.74	18.72	2
13 Miller, Preston	9 Brainerd	19.13	18.88	2
14 Lieser, Ty	12 Rocori	19.23	18.95	2
15 Ackerman, Spencer	9 Sauk Rapids-Rice	17.71	18.97	3
16 Geder, Ro'Marion	9 St. Cloud Tech	19.16	19.09	2
17 Kluempke, Owen	11 St. Cloud Tech	19.83	19.55	1
18 Nyhammer, Mason	11 Rocori	19.33	19.85	1
19 Sanborn, Graham	11 Sartell	20.72	20.12	1
20 Vos, Matthew	11 Sartell	21.97	20.47	1
21 Raske, Kaiden	9 Brainerd	20.82	20.51	1
22 Anderson, Justin	11 Fergus Falls	22.70	22.52	1
23 Maack, Isaac	9 Fergus Falls	19.00	23.22	2
-- Becker, Rich	11 Willmar	20.12	DQ	1

Event 5 Girls 100 Meter Dash

CLC Outdoor: # 12.02 2014		Wensia Johnson, Alexandria			
Name	Year	School	Seed	Finals	H#
1 Deason, Brenna	12	Brainerd	12.26	12.34	3
2 Schneider, Kaija	10	Alexandria	13.34	12.93	3
3 Kor, Payten	9	Alexandria	12.70	13.08	3
4 Fuglestad, Elena	12	Alexandria	12.97	13.21	3
5 Loney, Ava	10	Brainerd	12.85	13.22	3 13.213
6 Stavish, Lainey	10	Sartell	13.03	13.22	3 13.214
7 Bierschbach, Jada	12	Rocori	13.55	13.28	2
8 Hodges, Deshawna	12	Willmar	13.24	13.31	3
9 Hauck, Makenna	12	Sartell	13.39	13.42	3
10 Andrusick, Kaylene	12	Rocori	13.60	13.49	2
11 Miller, Payton	10	Brainerd	14.15	13.54	2
12 Smestad, Siiri	10	Fergus Falls	13.56	13.56	2
13 McKnight, Aaliyah	10	St. Cloud Tech	13.72	13.63	2
14 Eibensteiner, Chloe	10	Sartell	13.52	13.82	3
15 Wild, Jordyn	12	Rocori	13.63	13.95	2
16 Traore, Sire	10	Sauk Rapids-Rice	14.24	14.02	1
17 Reed, Raquel	12	St. Cloud Apollo	14.14	14.05	2
18 McMillen, Avayah	9	Sauk Rapids-Rice	13.87	14.06	2
19 Omot, Marjwok	12	St. Cloud Tech	14.18	14.25	1
20 Jacobson, Sumalee	9	Sauk Rapids-Rice	14.33	14.30	1
21 Groetsch, Paige	11	St. Cloud Tech	13.98	14.67	2
22 Seedorf, Aubrey	10	Fergus Falls	14.69	14.73	1
23 Glein-Erickson, Rheyra	9	Willmar	14.42	14.74	1
24 Engel, Leighton	9	St. Cloud Apollo	15.16	14.83	1
25 Metcalf, Lexi	11	Fergus Falls		15.01	1
26 Marin Sanchis, Andrea	10	Willmar	14.87	15.26	1
27 Robinson, Jasmine	11	St. Cloud Apollo	17.75	18.04	1

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 6 Boys 100 Meter Dash**

CLC Outdoor: # 10.89 1996		Ryan Buttenhoff, St. Cloud Tech			
Name	Year	School	Seed	Finals	H#
1 Malay, Isaak	11	Brainerd	11.03	11.32	3
2 Negen, Trey	10	Alexandria	11.24	11.33	3
3 Jackson, Daniel	10	Alexandria	11.33	11.34	3
4 Dahl, Mason	12	Rocori	11.38	11.52	3
5 Brown, Isaiah	12	Alexandria	11.33	11.54	3
6 McClellan, Andrew	10	Sartell	11.15	11.57	3
7 McClellan, Ethan	12	Sartell	11.31	11.60	3
8 Fletcher, Damarius	11	St. Cloud Tech	11.74	11.65	2
9 Pikula, Charlie	11	Brainerd	11.47	11.75	3
10 Asher, Austin	9	Brainerd	11.54	11.81	2
11 Boyongo, Amarr	11	St. Cloud Tech	11.41	11.88	3
12 Teboh, Batuo	10	St. Cloud Tech	11.70	11.89	2
13 Tylutki, Grant	10	Rocori	11.83	11.95	2
14 Phan, My kha	9	Sauk Rapids-Rice	11.93	12.07	2 12.063
15 Daniels, Jeremiah	9	Fergus Falls	11.87	12.07	2 12.068
16 Flannigan, Jacob	12	Willmar	12.37	12.19	1
17 Reggin, Andrew	12	Sartell	11.56	12.22	2
18 Burgess, Evan	11	Willmar	11.52	12.23	2 12.224
19 Kitue, Enmary	10	St. Cloud Apollo	12.25	12.23	1 12.225
20 Primus, Jackson	11	Rocori	12.36	12.36	1
21 Phan, My khang	11	Sauk Rapids-Rice	11.98	12.37	1
22 Brewer, Yoseb	12	St. Cloud Apollo	11.96	12.50	2
23 Lahti, Harvey	11	St. Cloud Apollo	12.76	12.87	1
24 Zender-Severson, Jaxon	11	Fergus Falls	12.52	13.24	1
25 Gallegos, Alejandro	12	Willmar	13.26	13.26	1
-- Wynn-Sheldon, Quinn	9	Fergus Falls	12.73	SCR	1

Event 7 Girls 4x200 Meter Relay

CLC Outdoor: # 1:45.28 2008		St Cloud Tech, St. Cloud Tech	
School		Seed	Finals
1 Rocori		1:48.12	1:46.45
1) Hennen, Sophia 9	2) Kiffmeyer, Sydney 12		
3) Motter, Katelyn 11	4) Van Erp, Kate 10		
2 Alexandria		1:49.58	1:47.19
1) Schneider, Kaija 10	2) Emter, Kaia 11		
3) Fettig, Addison 11	4) Fuglestad, Elena 12		
3 Brainerd		1:48.28	1:47.28
1) Stadum, Katherine 12	2) Clough, Cora 9		
3) Hagelie, Molly 12	4) Goodwin, Violet 12		
4 Willmar		1:54.21	1:50.48
1) Beier, Mallory 9	2) Hodges, Deshawna 12		
3) Dawson, Becca 11	4) Brown, Carlee 9		
5 Sartell		1:55.88	1:52.23
1) Gack, Kennedi 10	2) Schulte, Grace 11		
3) Francois, Madeline 11	4) Timmer, Sawyer 10		
6 Fergus Falls		1:55.86	1:53.60
1) Smestad, Siiri 10	2) Nelson, Aubree 8		
3) Schindler, Rebecca 12	4) Starzl, Ella 11		
7 Sauk Rapids-Rice		1:57.82	1:55.76

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 7 Girls 4x200 Meter Relay**

1) Broman, Annika 12	2) Haddy, Isabelle 12		
3) Felchle, Mackenzie 12	4) Helmin, Lexi 12		
8 St. Cloud Tech		1:58.17	1:59.22
1) Peterson, Abigail 12	2) Erickson, Eliana 9		
3) Marshall, Payton 11	4) Jensen, Miracle 9		
9 St. Cloud Apollo		2:08.93	2:06.05
1) Dickinson, Lilly 10	2) Lenzner, Zili 8		
3) Heringlake, Lucy 9	4) Weekley, Madelyn 9		

Event 8 Boys 4x200 Meter Relay

CLC Outdoor: # 1:30.06 2017 Rocori, Rocori			
N. Andrusick, B. Ott, D. Torborg, J. Young			
School		Seed	Finals
1 Brainerd		1:30.32	1:31.71
1) Pikula, Charlie 11	2) MacLaughlin, Dillon 12		
3) Stark, Brandon 11	4) Malay, Isaak 11		
2 Rocori		1:32.50	1:32.29
1) Phillipp, Colten 11	2) Clark, Colton 11		
3) Steil, Will 11	4) Nistler, Hunter 12		
3 Alexandria		1:32.73	1:32.90
1) Olson, Dane 10	2) Heydt, Macklen 10		
3) Kludt, Evan 10	4) Johnson, Kelly 12		
4 Sauk Rapids-Rice		1:38.74	1:36.11
1) Symanietz, Owen 10	2) Kieke, Callen 11		
3) Gondeck, Deagan 10	4) Walrath, Shaun 11		
5 Willmar		1:35.28	1:36.18
1) Burgess, Evan 11	2) Trevino, Romero 11		
3) Schuett, Briar 8	4) Flannigan, Jacob 12		
6 Sartell		1:37.98	1:36.53
1) Hentges, Cole 12	2) Braegelmann, Calvin 10		
3) Haroldson, Anders 10	4) Miller, Clifton 9		
7 St. Cloud Tech		1:35.97	1:37.21
1) Wipper, Devin 11	2) Long, Sam 11		
3) Payton, Alexander 9	4) Terwey, Lukas 10		
8 St. Cloud Apollo		1:45.73	1:47.86
1) Weekley, Braydon 11	2) Brewer, Yohan 10		
3) Nguyen, Ryne 9	4) Lam, Nathan 9		
-- Fergus Falls		1:49.00	SCR
1) Wynn-Sheldon, Quinn 9	2) Butler, Drew 9		
3) Maack, Isaac 9	4) Muchow, Andrew 10		

Event 9 Girls 1600 Meter Run

CLC Outdoor: # 4:56.30 2012 Jamie Piepenburg, Alexandria					
Name	Year	School	Seed	Finals	H#
1 Rusch, Stella	11	St. Cloud Tech	5:25.89	5:16.78	2
1:16.950 (1:16.950)	5:16.775 (3:59.825)				
2 Versteeg, Estee	9	Fergus Falls	5:23.86	5:16.81	2
1:17.682 (1:17.682)	1:23.602 (5.920)	5:16.801 (3:53.199)			
3 Kraemer, Isabel	9	Rocori	5:20.72	5:18.22	2
1:16.934 (1:16.934)	5:18.212 (4:01.278)				

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4 Eilers, Erin	10 Willmar	5:31.77	5:20.59	2
1:17.193 (1:17.193)	5:20.590 (4:03.397)			
5 Hills, Quinn	9 Alexandria	5:35.24	5:30.05	2
1:18.639 (1:18.639)	5:30.050 (4:11.411)			
6 Wellman, Cassie	8 Fergus Falls	5:36.32	5:31.33	2
1:19.119 (1:19.119)	5:31.329 (4:12.210)			
7 Jahner, Giselle	12 Alexandria	5:33.80	5:32.85	2
1:18.084 (1:18.084)	5:32.850 (4:14.766)			
8 Viere, Laina	12 Rocori	5:40.16	5:33.36	2
1:17.727 (1:17.727)	5:33.351 (4:15.624)			
9 Cross, Brynn	11 Alexandria	5:41.06	5:35.52	2
1:18.654 (1:18.654)	5:35.516 (4:16.862)			
10 Kennedy, Katelyn	12 Brainerd	5:12.26	5:38.67	2
1:16.652 (1:16.652)	5:38.663 (4:22.011)			
11 Lee, Savannah	9 Fergus Falls	5:48.00	5:43.41	2
1:22.129 (1:22.129)	5:43.405 (4:21.276)			
12 Collins, Bridget	11 Brainerd	5:37.62	5:47.86	2
1:18.701 (1:18.701)	5:47.853 (4:29.152)			
13 Swenson, Kaelyn	10 Willmar	6:05.35	5:53.69	1
1:26.604 (1:26.604)	2:57.889 (1:31.285)	4:26.957 (1:29.068)	5:53.690 (1:26.733)	
14 Frantesl, Isabella	8 St. Cloud Tech	6:00.90	5:56.12	1
1:25.930 (1:25.930)	2:57.573 (1:31.643)	4:28.371 (1:30.798)	5:56.118 (1:27.747)	
15 Nelson, Ashley	11 Sartell	5:54.92	5:56.91	2
5:56.904 (5:56.904)				
16 Engstrom, Madi	11 Willmar	6:02.54	5:59.68	1
1:27.389 (1:27.389)	2:58.731 (1:31.342)	4:30.007 (1:31.276)	5:59.676 (1:29.669)	
17 Tautges, Annabelle	11 Sartell	6:02.51	6:01.92	1
1:26.289 (1:26.289)	2:58.323 (1:32.034)	4:28.021 (1:29.698)	6:01.918 (1:33.897)	
18 Anderson, Scarlett	11 Brainerd	5:57.86	6:07.09	2
1:23.622 (1:23.622)	6:07.090 (4:43.468)			
19 Reker, Amelia	9 Sauk Rapids-Rice	6:19.32	6:14.36	1
1:27.381 (1:27.381)	3:03.047 (1:35.666)	4:40.007 (1:36.960)	6:14.352 (1:34.345)	
20 Muniz, Aleatha	9 St. Cloud Tech	6:21.97	6:15.09	1
1:28.847 (1:28.847)	3:02.884 (1:34.037)	4:40.332 (1:37.448)	6:15.088 (1:34.756)	
21 Sowada, Elka	9 Sauk Rapids-Rice	6:34.39	6:24.22	1
1:29.365 (1:29.365)	3:03.421 (1:34.056)	4:43.021 (1:39.600)	6:24.218 (1:41.197)	
22 Schmitz, Lily	10 Sartell	6:43.39	6:43.69	1
1:30.213 (1:30.213)	3:06.207 (1:35.994)	4:53.660 (1:47.453)	6:43.683 (1:50.023)	
-- McNair, Cecilia	12 St. Cloud Apollo		SCR	

Event 10 Boys 1600 Meter Run

CLC Outdoor: # 4:19.51 2004 Justin Grunewald, Brainerd					
Name	Year	School	Seed	Finals	H#
1 Kaluza, Vincent	12	Rocori	4:25.85	4:28.21	2
2 Wagner, Riley	12	Alexandria	4:39.28	4:38.69	2
3 Miller, Jaden	10	Fergus Falls	4:35.78	4:39.12	2
4 Meyers, Nicholae	11	Alexandria	4:48.03	4:45.57	2
5 Hoffman, Leif	11	Brainerd	4:53.70	4:48.78	2
6 Ylinen, Logan	7	St. Cloud Apollo	4:58.01	4:49.21	2
7 Lindell, Charles	12	Sartell	4:51.71	4:50.09	2
8 Sieben, Brody	9	Rocori	4:55.85	4:50.57	2
9 Marlette, Joesph	10	St. Cloud Tech	4:49.30	4:50.76	2
10 Bauer, Jaymis	11	Rocori	4:53.48	4:51.55	2

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11 Pickle, Sean	12 St. Cloud Tech	4:56.81	4:52.85	2
12 Gessford, Payton	11 Alexandria	5:01.95	4:55.51	1
13 Kodet, Ashton	10 Sartell	4:57.66	4:56.28	2
14 Zepeda, Brandon	11 Willmar	4:52.44	4:56.83	2
15 Hixson, Kieran	12 Sauk Rapids-Rice	5:07.49	5:03.55	1
16 Schmidt, Michael	10 Fergus Falls	5:06.68	5:09.87	1
17 Runkle, Thomas	9 Sartell	5:18.78	5:11.43	1
18 Gordon, Marco	10 St. Cloud Apollo	4:58.67	5:11.57	1
19 Engstrom, Zach	8 Willmar	5:14.80	5:13.48	1
20 Svir, Axton	10 Brainerd	5:17.83	5:16.13	1
21 Lammers, David	10 Willmar	5:16.31	5:19.59	1
22 Bredenberg, Logan	10 Fergus Falls	4:54.46	5:22.62	2
23 Otto, Joey	12 Brainerd	5:24.99	5:33.21	1
24 Ditto, Christian	12 Sauk Rapids-Rice	5:33.91	5:35.40	1
25 Sutton, Eli	10 St. Cloud Apollo	5:41.15	5:43.41	1
26 Walk, Alexander	11 St. Cloud Tech	6:20.86	6:34.84	1

Event 11 Girls 4x100 Meter Relay

CLC Outdoor: # 48.92 2017 Alexandria, Alexandria			
H. Quitmeyer, S Williams, K. Paschka, K. Olson-Rod			
School		Seed	Finals
1 Brainerd		49.85	49.53
1) Stadum, Katherine 12	2) Loney, Ava 10		
3) Hagelie, Molly 12	4) Deason, Brenna 12		
2 Rocori		50.98	49.99
1) Hennen, Sophia 9	2) Motter, Katelyn 11		
3) Thoennes, Ava 11	4) Van Erp, Kate 10		
3 Alexandria		50.92	51.19
1) Schneider, Kaija 10	2) Fuglestad, Elena 12		
3) Fettig, Addison 11	4) Kor, Payten 9		
4 Sartell		51.88	51.48
1) Eibensteiner, Chloe 10	2) Francois, Madeline 11		
3) Hauck, Makenna 12	4) Stavish, Lainey 10		
5 Fergus Falls		54.36	53.02
1) Smestad, Siiri 10	2) Starzl, Ella 11		
3) Nelson, Aubree 8	4) Schindler, Rebecca 12		
6 Sauk Rapids-Rice		53.09	53.82
1) Felchle, Mackenzie 12	2) Gustofson, Delia 11		
3) Helmin, Lexi 12	4) Neumann, Emily 9		
7 St. Cloud Tech		54.96	54.01
1) Groetsch, Paige 11	2) Schuck, Weslie 9		
3) McKnight, Aaliyah 10	4) Volker, Raena 11		
8 Willmar		56.00	56.56
1) Carranza, Ava 9	2) Marin Sanchis, Andrea 10		
3) Glein-Erickson, Rheya 9	4) Hillenbrand, Keianna 10		
9 St. Cloud Apollo		1:02.78	56.81
1) Kowalkowski, Sofia 10	2) Engel, Leighton 9		
3) Hussein, Sabonti 9	4) Gach, Elizabeth 9		

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 12 Boys 4x100 Meter Relay**

CLC Outdoor: # 42.61 2017		Rocori, Rocori	
N. Andrusick, B. Ott, D. Torborg, J. Young			
School		Seed	Finals
1 Rocori		43.48	43.50
1) Dahl, Mason 12	2) Steil, Will 11		
3) Phillipp, Colten 11	4) Nistler, Hunter 12		
2 Brainerd		44.28	43.77
1) Pikula, Charlie 11	2) MacLaughlin, Dillon 12		
3) Gross, Dylan 11	4) Malay, Isaak 11		
3 St. Cloud Tech		44.58	44.15
1) Terwey, Lukas 10	2) Boyongo, Amarr 11		
3) Teboh, Batuo 10	4) Fletcher, Damarius 11		
4 Sartell		45.90	44.63
1) Studer, Brenden 12	2) McClellan, Ethan 12		
3) Reggin, Andrew 12	4) McClellan, Andrew 10		
5 Sauk Rapids-Rice		46.47	45.58
1) Symanietz, Owen 10	2) Kieke, Callen 11		
3) Phan, My kha 9	4) Gondeck, Deagan 10		
6 Fergus Falls		46.70	46.91
1) Daniels, Jeremiah 9	2) Zender-Severson, Jaxon 11		
3) Zierden, Shane 11	4) Rott, Logan 11		
7 Willmar		45.33	47.58
1) Burgess, Evan 11	2) Trevino, Romero 11		
3) Groen, Alex 8	4) May, Ezra 10		
8 St. Cloud Apollo		47.49	48.09
1) Vasek, Logan 11	2) Salad, Abdikafi 10		
3) Brewer, Yohan 10	4) Kitue, Enmary 10		
-- Alexandria		44.18	DQ
1) Negen, Trey 10	2) Olson, Dane 10		
3) Jackson, Daniel 10	4) Johnson, Kelly 12		

Event 13 Girls 400 Meter Dash

CLC Outdoor: # 56.94 2011		Haylie Zenner, Fergus Falls		
Name	Year School	Seed	Finals	H#
1 Bastian, Emily	12 Brainerd	1:00.27	59.82	3
2 Krasky, Alison	10 Alexandria	1:01.63	1:00.45	3
3 Lain, Zoe	10 Sartell	1:01.40	1:01.10	3
4 Rousu, Marisa	11 Alexandria	1:02.30	1:02.02	3
5 Mcconn, Violet	8 Fergus Falls	1:01.61	1:02.04	3
6 Larsen, Paige	11 Rocori	1:02.65	1:02.07	3
7 Beier, Mallory	9 Willmar	1:03.88	1:02.77	3
8 Quinn, Hannah	11 Willmar	1:02.85	1:02.83	3
9 DeRosier, Lilly	9 Brainerd	1:04.70	1:03.18	2
10 Haskamp, Jisella	11 Alexandria	1:03.35	1:03.30	3
11 Timmer, Sawyer	10 Sartell	1:04.00	1:03.31	2
12 Robertson, Cally	12 Brainerd	1:05.19	1:05.16	2
13 Schmidt, Hawa	8 Sartell	1:07.01	1:05.17	2
14 Brown, Carlee	9 Willmar	1:05.50	1:05.34	2
15 Andrusick, Kaylene	12 Rocori	1:06.01	1:05.96	2
16 Dingmann, Selma	12 Rocori	1:05.65	1:06.57	2
17 Blondeau, Brynn	8 Fergus Falls	1:15.63	1:07.56	1
18 Rodriguez, Iris	10 St. Cloud Tech	1:08.03	1:08.95	1

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 13 Girls 400 Meter Dash**

19	Heinks, Antonia	10	St. Cloud Tech	1:07.73	1:08.96	1
20	Wellman, Alexis	10	Fergus Falls	1:10.47	1:09.25	1
21	Haddy, Isabelle	12	Sauk Rapids-Rice	1:10.26	1:10.55	1
22	Gazdzik, Lauren	9	St. Cloud Tech	1:08.64	1:10.98	1
23	Posch, Olivia	10	Sauk Rapids-Rice	1:10.17	1:13.27	1

Event 14 Boys 400 Meter Dash

CLC Outdoor: # 49.64 2006		Derek Ludwig, Alexandria				
Name	Year	School	Seed	Finals	H#	
1	Stark, Brandon	11	Brainerd	49.31	50.12	3
2	Stebbins, Baylor	11	Sartell	51.93	50.91	3
3	Kent, Elliott	10	Alexandria	52.39	51.47	3
4	Wieberdink, Nicolas	12	Alexandria	52.58	51.93	3
5	Mattick, Bjorn	11	St. Cloud Tech	52.97	52.12	3
6	Brown, Isaiah	12	Alexandria		52.73	1
7	Loidolt, Luke	10	Sauk Rapids-Rice	53.89	53.59	3
8	Mick, Dylan	11	Rocori	55.10	54.15	2
9	Voigt, Leif	11	Rocori	55.65	54.58	2
10	Foss, Mason	11	Sauk Rapids-Rice	54.36	54.79	3
11	Martz, Caleb	10	St. Cloud Tech	54.86	54.90	3
12	Schuett, Briar	8	Willmar	56.80	55.54	2
13	Johnson, Grant	9	Brainerd	58.21	55.83	1
14	Carlson, Cayden	9	Sartell	56.91	56.16	2
15	Swierenga, Ethan	10	Willmar	56.37	56.58	2
16	Garcia, Andrew	11	Willmar	58.60	57.01	1
17	Neumann, Joe	10	Brainerd	57.92	57.77	1
18	Hentges, Cole	12	Sartell	56.94	58.24	2
19	Moody, Tyrelle	12	Sauk Rapids-Rice		58.80	2
20	Thorson, Oliver	12	Fergus Falls	1:04.82	1:01.81	1
21	Maack, Isaac	9	Fergus Falls	1:01.76	1:01.89	1
--	Meyer, Blayze	11	Sauk Rapids-Rice	55.20	SCR	
--	Gazdzik, Teagan	11	St. Cloud Tech	53.97	SCR	

Event 15 Girls 300 Meter Hurdles

CLC Outdoor: # 44.90 1988		Trend Fields, Brainerd				
Name	Year	School	Seed	Finals	H#	
1	Woods, Cecelia	12	Rocori	45.64	44.81#	3
2	Korynta, Sophia	11	Alexandria	46.69	46.68	3
3	Goodwin, Violet	12	Brainerd	47.64	48.08	3
4	Smith, Natalie	9	Brainerd	48.63	48.96	3
5	Gulbrandson, Addison	10	Alexandria	51.40	49.81	3
6	Willenbring, Chelsea	7	Rocori	50.87	51.21	3
7	Bertram, Madi	10	Brainerd	51.92	51.52	3
8	Jacobson, Avery	10	Rocori	50.59	51.55	3
9	Oldenkamp, Lydia	10	Alexandria	52.90	51.77	2
10	Johnson, Gretta	12	Sartell	52.39	51.99	2
11	Greener, Kylee	9	Sauk Rapids-Rice	51.61	52.09	3
12	Weber, Camille	9	Sartell	52.10	52.24	2
13	Kiley, Briella	11	Sartell	53.89	52.71	2
14	Lang, Telilie	9	Willmar	53.70	52.89	2
15	Gor, Freedom	10	St. Cloud Tech	58.76	54.00	1

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 15 Girls 300 Meter Hurdles**

16 Quinn, Sophia	11	Willmar	56.46	54.66	1
17 Peterson, Wendi	9	Sauk Rapids-Rice	54.86	55.64	1
18 Miller, Hailey	9	St. Cloud Tech	53.85	56.15	2
19 Trout, Olivia	12	Fergus Falls	56.59	56.97	1
20 Bowen, Madison	11	Willmar	1:02.18	1:01.61	1

Event 16 Boys 300 Meter Hurdles

CLC Outdoor: # 38.74 2018		Jeff Spieker, Brainerd			
Name	Year	School	Seed	Finals	H#
1 Sportel, William	11	Willmar	40.93	41.29	3
2 Anderson, Otto	10	Alexandria	39.95	41.38	3
3 Broman, Garret	10	Sauk Rapids-Rice	43.12	43.16	3
4 Drontle, Grayson	12	Rocori	43.83	43.75	3
5 Aden, Khalid	10	St. Cloud Tech	45.45	44.29	2
6 May, Ezra	10	Willmar	43.15	44.33	3
7 Williams, Samuel	11	Alexandria	42.85	44.64	3
8 Frusciante, Dylan	11	Alexandria	44.26	44.68	3
9 Weekes, Noah	11	St. Cloud Apollo	45.07	44.81	2
10 Brewer, Yoseb	12	St. Cloud Apollo	45.44	44.87	2
11 Kaba, Bangaly	12	St. Cloud Apollo	42.91	45.06	3
12 Mohr, Matthew	11	Willmar	44.16	45.61	3
13 Herath, David	10	Brainerd	45.16	45.70	2
14 Miller, Preston	9	Brainerd	45.83	46.84	2
15 Peterson, Kyle	10	Brainerd	46.25	47.34	2
16 Kluempke, Owen	11	St. Cloud Tech	47.52	47.53	1
17 Vos, Matthew	11	Sartell	49.63	47.64	1
18 Geder, Ro'Marion	9	St. Cloud Tech	48.61	47.65	1
19 Lieser, Ty	12	Rocori	48.75	47.68	1
20 Nyhammer, Mason	11	Rocori	47.19	48.24	2
21 Schliepsiek, Nicholas	12	Sartell	47.79	48.27	1
22 Schliepsiek, Nathan	12	Sartell	48.44	48.28	1
23 Gazett, Grayson	10	Sauk Rapids-Rice	46.99	49.00	2
24 Hansen, Reece	9	Fergus Falls	53.54	52.14	1

Event 17 Girls 800 Meter Run

CLC Outdoor: # 2:14.43 2003		Andrea Wahlin, Rocori			
Name	Year	School	Seed	Finals	H#
1 Sieben, Jasmine	11	Rocori	2:24.62	2:24.25	2
2 Oldenkamp, Greta	11	Alexandria	2:32.88	2:24.61	2
3 Eilers, Erin	10	Willmar	2:30.62	2:25.07	2
4 Kuhnau, Evelyn	10	Alexandria	2:25.72	2:25.32	2
5 Baird, Annelise	9	Brainerd	2:28.01	2:25.59	2
6 Wenz, Brooke	10	Brainerd	2:28.51	2:27.11	2
7 Nei, Isabella	9	Alexandria	2:29.26	2:27.45	2
8 Duerr, Avery	9	Brainerd	2:24.13	2:28.09	2
9 Rusch, Stella	11	St. Cloud Tech	2:27.95	2:28.26	2
10 Lenzner, Zili	8	St. Cloud Apollo	2:30.84	2:28.42	2
11 Martinez, Gabby	8	Willmar	2:34.15	2:30.52	2
12 Dawson, Becca	11	Willmar	2:35.34	2:31.54	1
13 Hofer, Elise	9	Rocori	2:33.01	2:31.63	2
14 Nies, Genet	11	Sartell	2:34.72	2:31.65	1

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 17 Girls 800 Meter Run**

15 Nelson, Estle	11 Rocori	2:37.69	2:36.24	1
16 Swanson, Olivia	10 Fergus Falls	2:35.13	2:36.36	1
17 Petermeier, Sienna	11 Sauk Rapids-Rice	2:37.08	2:38.10	1
18 Lee, Savannah	9 Fergus Falls	2:41.50	2:38.88	1
19 Dummer, Naomi	11 Fergus Falls	2:36.98	2:39.35	1
20 Dickinson, Lilly	10 St. Cloud Apollo	2:40.43	2:43.39	1
21 Frantesl, Isabella	8 St. Cloud Tech	2:46.23	2:46.72	1
22 Hellerud, Sophie	10 Sartell	2:52.23	2:48.30	1
23 Lucas, Ally	9 Sauk Rapids-Rice	2:48.36	2:50.05	1
24 Rogholt, Claire	9 Sauk Rapids-Rice	2:45.57	2:50.63	1
25 Fisk, Elizabeth	9 St. Cloud Apollo	2:55.48	3:05.37	1
26 Schmitz, Lily	10 Sartell	2:53.04	3:16.10	1
27 Sonmor, Addison	9 St. Cloud Tech	4:05.81	4:00.50	1

Event 18 Boys 800 Meter Run

CLC Outdoor: # 1:56.86 2007 Kaafi Adeys, Willmar					
Name	Year	School	Seed	Finals	H#
1 Martin, Nathan	12	Sauk Rapids-Rice	2:04.84	2:03.12	2
2 Miller, Jaden	10	Fergus Falls	2:04.89	2:04.91	2
3 Muhumed, Kadar	12	Willmar	2:04.00	2:05.22	2
4 Zepeda, Brandon	11	Willmar	2:09.26	2:05.57	2
5 Mohr, Hunter	11	Alexandria	2:09.35	2:07.20	2
6 Thiesse, Nolan	12	Brainerd	2:05.69	2:07.25	2
7 Lehmann, Throck	11	Alexandria	2:04.36	2:08.09	2
8 Weitgenant, Jay	10	Sartell	2:09.94	2:08.83	2
9 Ronnevik, David	11	Fergus Falls	2:14.62	2:09.86	1
10 Franson, Karl	11	Alexandria		2:10.26	1
11 Marlette, Joesph	10	St. Cloud Tech	2:09.70	2:13.35	2
12 Zabinski, Caleb	11	Rocori	2:14.00	2:13.62	2
13 Heinen, Eli	10	Willmar	2:14.54	2:14.69	1
14 Clark, Nicholas	11	St. Cloud Apollo	2:22.70	2:16.15	1
15 Pickle, Sean	12	St. Cloud Tech	2:16.83	2:16.37	1
16 Wiebe, Collin	11	Sauk Rapids-Rice	2:17.48	2:17.17	1
17 Kodet, Ashton	10	Sartell	2:21.18	2:19.66	1
18 Mielke, Carter	10	Brainerd	2:19.01	2:19.86	1
19 Feigum, Jason	9	Brainerd	2:13.36	2:20.11	2
20 Hoffman, Lucas	12	Sauk Rapids-Rice	2:19.19	2:20.70	1
21 Wollak, Aaron	11	Sartell	2:19.06	2:22.08	1
22 Ingle, Mason	11	Rocori	2:16.00	2:23.10	1
23 Butkowski, Samuel	11	St. Cloud Tech	2:25.20	2:25.42	1
-- Erickson, Tommy	10	Fergus Falls	2:14.16	DNS	2

Event 19 Girls 200 Meter Dash

CLC Outdoor: # 25.06 2012 Wensia Johnson, Alexandria					
Name	Year	School	Seed	Finals	H#
1 Clough, Cora	9	Brainerd	26.56	26.72	3
2 Kor, Payten	9	Alexandria	27.34	27.49	3
3 Emter, Kaia	11	Alexandria	27.30	27.55	3
4 Bierschbach, Jada	12	Rocori	28.63	27.60	2
5 Loney, Ava	10	Brainerd	26.81	27.63	3
6 Stavish, Lainey	10	Sartell	27.30	27.72	3

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 19 Girls 200 Meter Dash**

7 Hodges, Deshawna	12 Willmar	27.52	27.91	3
8 Helmin, Lexi	12 Sauk Rapids-Rice	28.60	27.94	2
9 Kiffmeyer, Sydney	12 Rocori	28.08	27.97	2
10 Fettig, Addison	11 Alexandria	27.79	28.10	3
11 Hauck, Makenna	12 Sartell	28.05	28.28	3
12 Wild, Jordyn	12 Rocori	28.38	28.57	2
13 Nelson, Aubree	8 Fergus Falls	28.87	28.68	2
14 Miller, Payton	10 Brainerd	28.06	28.82	3
15 McKnight, Aaliyah	10 St. Cloud Tech	28.51	29.14	2
16 Francois, Madeline	11 Sartell	28.33	29.18	2
17 Jensen, Miracle	9 St. Cloud Tech	29.49	29.31	1
18 Brown, Carlee	9 Willmar	29.65	29.38	1
19 Reed, Raquel	12 St. Cloud Apollo	28.85	29.38	2
20 Schuck, Weslie	9 St. Cloud Tech	29.00	29.45	2
21 Broman, Annika	12 Sauk Rapids-Rice	30.13	29.85	1
22 Neumann, Emily	9 Sauk Rapids-Rice	29.93	29.86	1
23 Kowalkowski, Sofia	10 St. Cloud Apollo	29.57	29.95	1
24 Hillenbrand, Keianna	10 Willmar	30.12	30.38	1
25 Rude, Bella	9 Fergus Falls	30.72	30.77	1
26 Mezquita, Arianny	9 St. Cloud Apollo	31.49	31.52	1

Event 20 Boys 200 Meter Dash

CLC Outdoor: # 22.10 1993		Andy Nelson, Willmar			
Name	Year	School	Seed	Finals	H#
1 Brown, Isaiah	12	Alexandria	22.69	22.81	3
2 Stark, Brandon	11	Brainerd	22.71	22.82	3
3 MacLaughlin, Dillon	12	Brainerd	22.96	22.90	3
4 Jackson, Daniel	10	Alexandria	23.24	23.26	3
5 Nistler, Hunter	12	Rocori	23.51	23.43	3
6 McClellan, Andrew	10	Sartell	23.59	23.64	2
7 Kent, Elliott	10	Alexandria	23.33	23.77	3
8 Symanietz, Owen	10	Sauk Rapids-Rice	23.81	23.83	2
9 Dahl, Mason	12	Rocori	24.27	23.86	2
10 Stebbins, Baylor	11	Sartell	23.33	24.01	3
11 Miller, Clifton	9	Sartell	23.57	24.02	3
12 Kieke, Callen	11	Sauk Rapids-Rice	24.27	24.21	2
13 Asher, Austin	9	Brainerd	24.41	24.22	2
14 Teboh, Batuo	10	St. Cloud Tech	23.56	24.25	3
15 Clark, Colton	11	Rocori	23.74	24.29	2
16 Trevino, Romero	11	Willmar	24.47	24.38	1
17 Terwey, Lukas	10	St. Cloud Tech	24.01	24.43	2
18 Flannigan, Jacob	12	Willmar	24.95	24.45	1
19 Daniels, Jeremiah	9	Fergus Falls	24.56	24.59	1
20 Kitue, Enmary	10	St. Cloud Apollo	24.60	25.05	1
21 Brewer, Yoseb	12	St. Cloud Apollo	24.43	25.22	2
22 Salad, Abdikafi	10	St. Cloud Apollo	24.69	25.47	1
23 Phan, My khang	11	Sauk Rapids-Rice	24.95	25.51	1
24 Gallegos, Alejandro	12	Willmar	27.01	27.55	1
25 Anderson, Justin	11	Fergus Falls	29.20	29.64	1
-- Wipper, Devin	11	St. Cloud Tech	24.36	DNS	2
-- Butler, Drew	9	Fergus Falls	27.04	SCR	

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 21 Girls 3200 Meter Run**

CLC Outdoor: # 10:42.88 2012 Jamie Piepenburg, Alexandria				
Name	Year	School	Seed	Finals
1 Eilers, Lauren	10	Willmar	11:22.62	11:02.85
2 Miller, Jaelyn	11	Alexandria		11:19.56
3 Halbe, Citori	9	Alexandria	11:38.91	11:29.98
4 Versteeg, Estee	9	Fergus Falls	11:41.30	11:32.23
5 Rademacher, Julia	12	Brainerd	11:48.11	11:47.96
6 Negen, Sophia	7	Willmar	11:59.67	11:57.26
7 Wellman, Cassie	8	Fergus Falls	12:03.47	12:04.33
8 Nichols, Bobbi	10	Alexandria	12:02.84	12:08.58
9 Miller, Madelyn	10	Brainerd	11:41.16	12:12.52
10 Drietz, Hannah	12	Brainerd	11:47.03	12:16.27
11 Grotberg, Sarah	11	Fergus Falls	12:32.01	12:27.39
12 Nelson, Ashley	11	Sartell	12:45.84	12:53.48
13 Bogle, Faith	8	Sauk Rapids-Rice	13:03.91	13:07.03
14 Tautges, Annabelle	11	Sartell	13:30.00	13:12.56
15 Moore, Tara	9	Rocori	12:51.34	13:13.56
16 Konold, Anna	7	Willmar	13:33.82	13:14.81
17 Reker, Amelia	9	Sauk Rapids-Rice	13:40.14	13:56.46
18 Fimrite, Madalyn	12	Sartell	14:02.34	14:00.76
19 Sowada, Elka	9	Sauk Rapids-Rice	14:08.29	14:57.33

Event 22 Boys 3200 Meter Run

CLC Outdoor: # 9:21.83 2009 Drew Paradis, Alexandria				
Name	Year	School	Seed	Finals
1 Greathouse, Harrison	12	Alexandria	10:07.69	10:02.80
2 Wilmesmeier, Thomas	11	Alexandria	10:22.10	10:08.24
3 Dubet, Fathi	11	Willmar	10:09.19	10:09.03
4 Tuel, Matthew	9	Fergus Falls	10:20.30	10:22.99
5 Nemeth, Jonathan	12	Sartell	10:30.80	10:25.44
6 Ostendorf, Alex	11	Sauk Rapids-Rice	10:51.34	10:38.45
7 Runge, Landon	11	Alexandria	10:31.40	10:39.12
8 Stadum, Ben	10	Brainerd	10:45.25	10:46.43
9 Sandoval, Amado	11	St. Cloud Tech	10:57.59	10:48.12
10 Berndt, Andrew	9	Sartell	11:01.03	11:06.20
11 Mouser, Micah	9	Fergus Falls	11:19.22	11:07.00
12 Thiesse, Weston	9	Brainerd	11:20.25	11:14.74
13 Hallgren, Gabe	10	Brainerd	11:13.98	11:17.37
14 Shern, Aaron	10	Fergus Falls	12:11.60	11:19.47
15 Eystad, Matthew	11	Willmar	11:25.37	11:23.42
16 Marcus, Alex	10	Willmar	11:50.24	11:30.09
17 Johnson, Seth	9	Sartell	11:29.39	11:36.31
18 Wade, Marcus	9	St. Cloud Tech	11:56.67	11:39.09
19 Couzens, Lucas	8	St. Cloud Tech	11:53.28	11:47.12

Event 23 Girls 4x400 Meter Relay

CLC Outdoor: # 4:00.22 2016 Rocori, Rocori				
School	E. Jungles, S. Decker, K. Nies, A. Wahlin			Finals
			Seed	

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 23 Girls 4x400 Meter Relay**

1 Willmar	4:08.33	4:06.09
1) Quinn, Hannah 11	2) Beier, Mallory 9	
3) Koosman, Lyndi 11	4) Eilers, Erin 10	
2:03.798 (2:03.798)	3:05.326 (1:01.528)	4:06.085 (1:00.759)
2 Alexandria	4:09.42	4:09.12
1) Krasky, Alison 10	2) Rousu, Marisa 11	
3) Jahner, Giselle 12	4) Soderholm, Kasey 10	
2:04.686 (2:04.686)	3:07.465 (1:02.779)	4:09.114 (1:01.649)
3 Rocori	4:12.63	4:12.92
1) Larsen, Paige 11	2) Kraemer, Isabel 9	
3) Sieben, Jasmine 11	4) Woods, Cecelia 12	
2:04.359 (2:04.359)	2:24.144 (19.785)	4:12.918 (1:48.774)
4 Sartell	4:20.65	4:16.61
1) Timmer, Sawyer 10	2) Nies, Genet 11	
3) Schulte, Grace 11	4) Lain, Zoe 10	
2:10.174 (2:10.174)	3:14.678 (1:04.504)	4:16.610 (1:01.932)
5 Brainerd	4:11.57	4:17.50
1) Robertson, Cally 12	2) Duerr, Avery 9	
3) Smith, Natalie 9	4) Bastian, Emily 12	
2:13.294 (2:13.294)	3:16.653 (1:03.359)	4:17.497 (1:00.844)
6 Fergus Falls	4:35.91	4:31.18
1) Swanson, Olivia 10	2) Lee, Savannah 9	
3) Wellman, Alexis 10	4) Mcconn, Violet 8	
2:12.777 (2:12.777)	3:22.377 (1:09.600)	4:31.180 (1:08.803)
7 Sauk Rapids-Rice	4:34.16	4:34.20
1) Gustofson, Delia 11	2) Petermeier, Sienna 11	
3) Hardy, Emma 10	4) Felchle, Mackenzie 12	
2:18.218 (2:18.218)	3:27.990 (1:09.772)	4:34.195 (1:06.205)
8 St. Cloud Tech	4:30.21	4:46.81
1) Frantesl, Isabella 8	2) Rodriguez, Iris 10	
3) Heinks, Antonia 10	4) Rusch, Stella 11	
3:38.923 (3:38.923)	4:46.801 (1:07.878)	

Event 24 Boys 4x400 Meter Relay

School	Seed	Finals
CLC Outdoor: # 3:23.90	2000	Sartell, Sartell
		R. Terpstra, M. Vigoren, M. Marschel, S. Hengel
1 Alexandria	3:31.62	3:31.19
1) Anderson, Otto 10	2) Kent, Elliott 10	
3) Draper, Owen 11	4) Wagner, Riley 12	
1:45.801 (1:45.801)	2:38.841 (53.040)	3:31.181 (52.340)
2 Sartell	3:38.52	3:35.12
1) Larson, George 11	2) Weitgenant, Jay 10	
3) Mahowald, Anthony 12	4) Stebbins, Baylor 11	
1:50.036 (1:50.036)	2:44.036 (54.000)	3:35.119 (51.083)
3 Sauk Rapids-Rice	3:35.34	3:35.56
1) Meyer, Blayze 11	2) Foss, Mason 11	
3) Loidolt, Luke 10	4) Broman, Garret 10	
1:48.592 (1:48.592)	2:43.113 (54.521)	3:35.552 (52.439)
4 Rocori	3:40.00	3:39.05
1) Kaluza, Vincent 12	2) Mick, Dylan 11	
3) Baisley, Aaron 10	4) Drontle, Grayson 12	
1:47.917 (1:47.917)	2:42.772 (54.855)	3:39.045 (56.273)

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 24 Boys 4x400 Meter Relay**

5	St. Cloud Tech			3:39.78	3:42.93
	1) Mattick, Bjorn 11		2) Gazdzik, Teagan 11		
	3) Martz, Caleb 10		4) Nikolas, Arik 12		
	1:51.713 (1:51.713)	2:48.203 (56.490)	3:42.928 (54.725)		
6	Willmar			3:39.20	3:45.33
	1) Sportel, William 11		2) Mohr, Matthew 11		
	3) Swierenga, Ethan 10		4) Muhumed, Kadar 12		
	1:50.792 (1:50.792)	2:48.958 (58.166)	3:45.326 (56.368)		
7	Brainerd			3:45.48	3:48.14
	1) Johnson, Grant 9		2) Thiesse, Nolan 12		
	3) Miller, Preston 9		4) Neumann, Joe 10		
	1:53.754 (1:53.754)	3:48.138 (1:54.384)			
8	Fergus Falls			3:45.00	3:49.99
	1) Zender-Severson, Jaxon 11		2) Ronnevik, David 11		
	3) Rott, Logan 11		4) Zierden, Shane 11		
	1:55.310 (1:55.310)	2:52.874 (57.564)	3:49.987 (57.113)		

Event 25 Girls Shot Put

CLC Outdoor: # 42-00.50 1981 Becky Fettig, St. Cloud Apollo						
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Larson, Makenna	11 Willmar	40-02.00	37-10.50q	3	
	FOUL 37-10.50	35-03.50				
2	Molacek, Maddison	8 Willmar	33-04.00	36-08.00q	2	
	FOUL 35-04.50	36-08				
3	Schneider, Brianna	10 Rocori	38-09.25	34-10.50q	3	
	34-10.50	33-11.50 34-02.50				
4	Finnern, Kajsa	11 Sartell	33-10.00	34-05.00q	3	
	32-06.50	34-05 32-08				
4	Sowada, Amaria	11 Alexandria	37-00.50	34-05.00q	3	
	32-10	34-05 34-00				
6	Kahre, Mckenzie	12 Sartell	37-07.50	34-02.50q	3	
	33-08.50	34-02.50 33-08				
7	Mueffelman, Paige	11 Rocori	35-00.00	32-10.00q	3	
	32-10	31-09.50 FOUL				
8	Riley, Elianna	12 Brainerd	33-04.50	32-03.50q	2	
	FOUL 30-02.50	32-03.50				
9	Mushatt, Brooke	11 Sauk Rapids-Rice	34-08.50	32-01.00q	3	
	31-01	FOUL 32-01				
10	Brown, Ellie	12 Brainerd	33-09.50	31-08.50	2	
	29-08	31-06 31-08.50				
10	Maagard, Elise	11 Alexandria	35-05.25	31-08.50	3	
	29-11.50	FOUL 31-08.50				
12	Stewart, Abby	9 Rocori	31-00.00	30-08.50	2	
	24-10	30-00.50 30-08.50				
13	Flynn, Aubrey	11 Sartell	31-10.00	30-07.00	2	
	30-02.50	FOUL 30-07				
14	Oldenkamp, Lydia	10 Alexandria	35-07.50	30-04.50	3	
	FOUL 30-04.50	25-00				
15	Kimman, Kaitlyn	12 Sauk Rapids-Rice	28-05.50	30-01.00	1	
	29-01.50	30-01 28-09				
16	Cox-Payton, Alexcya	11 St. Cloud Tech	30-01.00	30-00.50	1	
	30-00.50	29-06 28-02				

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 25 Girls Shot Put**

17 Zierden, Brook	9 Fergus Falls	28-00.00	29-11.50	1
26-10 29-01.50 29-11.50				
18 Quinn, Avery	11 Willmar	32-10.50	29-01.50	2
28-01.50 29-01.50 FOUL				
19 Adams, Samantha	12 St. Cloud Apollo	30-07.75	28-07.00	2
27-02 28-00.50 28-07				
19 Caspers, Serena	9 Brainerd	30-04.50	28-07.00	2
28-07 27-04.50 27-09.50				
21 Butler, Macee	11 Fergus Falls	31-09.00	28-06.00	2
28-06 FOUL FOUL				
22 Cox, Aisling	11 Fergus Falls	27-00.50	28-05.00	1
28-05 26-10.50 28-00				
23 Vanvickle, Lauren	9 Sauk Rapids-Rice	29-07.00	27-08.00	1
27-00 27-08 27-06.50				
24 Smiley, Siarra	9 St. Cloud Tech	25-08.00	26-11.00	1
23-05 26-03 26-11				
25 McDonald, Grace	10 St. Cloud Tech	24-11.00	24-06.00	1
24-06 23-00 FOUL				
26 Heringlake, Lucy	9 St. Cloud Apollo	24-02.75	22-00.00	1
20-10 21-09 22-00				
27 Knadel, Taylor	9 St. Cloud Apollo	21-02.00	21-07.00	1
21-01 20-09 21-07				

Event 25 Girls Shot Put

CLC Outdoor: # 42-00.50 1981 Becky Fettig, St. Cloud Apollo

Name	Year	School	Prelims	Finals
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Finals

1 Larson, Makenna	11 Willmar	37-10.50	37-10.50
37-10.50 35-00 36-02 36-03.50			
2 Schneider, Brianna	10 Rocori	34-10.50	J37-10.50
34-10.50 37-10.50 32-11.50 33-05			
3 Molacek, Maddison	8 Willmar	36-08.00	36-08.00
36-08 35-06.50 34-00.50 35-06			
4 Kahre, Mckenzie	12 Sartell	34-02.50	34-07.50
34-02.50 33-11.50 33-11.50 34-07.50			
5 Sowada, Amaria	11 Alexandria	34-05.00	34-05.00
34-05 32-08 FOUL 33-11			
6 Finnern, Kajsa	11 Sartell	34-05.00	J34-05.00
34-05 31-03.50 32-01.50 32-01.50			
7 Mueffelman, Paige	11 Rocori	32-10.00	33-05.00
32-10 29-11 32-06 33-05			
8 Mushatt, Brooke	11 Sauk Rapids-Rice	32-01.00	33-02.00
32-01 33-02 29-10.50 32-04.50			
9 Riley, Elianna	12 Brainerd	32-03.50	32-06.50
32-03.50 32-06.50 FOUL 31-09.50			

Event 26 Boys Shot Put

CLC Outdoor: # 59-05.75 1982 J. Keubelbeck, Little Falls

Name	Year	School	Seed	Prelims	H#
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Preliminaries

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 26 Boys Shot Put**

1	Gross, Dylan	11	Brainerd	57-09.00	57-08.50q	3
	56-06 57-08.50 57-02					
2	Jensen, Alexander	12	Fergus Falls	58-09.00	56-00.00q	3
	56-00 54-10 FOUL					
3	Minnerath, Grady	11	Rocori	52-05.50	51-05.50q	3
	47-00 49-08.50 51-05.50					
4	Cox-Payton, Derrick	12	St. Cloud Tech	50-08.50	49-08.00q	3
	49-02 49-08 47-10.50					
5	Ritz, Jonathan	11	Willmar	50-06.00	47-04.50q	3
	45-07 46-06 47-04.50					
6	Dockendorf, Luke	12	Rocori	48-05.00	47-00.50q	3
	44-01.50 47-00.50 43-10.50					
7	Sayre, Ashton	12	Alexandria	46-05.50	46-07.50q	3
	46-07.50 FOUL 41-10					
8	Kowalczyk, Tyler	12	Willmar	45-04.50	46-00.00q	2
	46-00 45-02.50 43-08					
9	Wind, Mitch	11	Brainerd	45-08.00	44-11.00q	2
	44-04.50 44-11 FOUL					
10	Berg, Owen	12	Sauk Rapids-Rice	44-02.50	44-05.00	2
	42-00 44-05 44-02					
11	Oker, Jack	11	St. Cloud Tech	44-03.00	44-00.50	2
	44-00.50 43-10.50 41-01					
12	Venenga, Hayden	11	Willmar	45-10.50	42-07.00	3
	42-07 FOUL 41-11					
13	Mahowald, Will	12	Sartell	43-07.50	42-01.00	2
	42-01 41-06 41-11					
14	Hoagland, Anthony	10	St. Cloud Apollo	41-05.00	41-07.50	1
	41-07.50 41-04 41-03					
15	Guggenberger, Damon	12	Rocori	43-04.00	41-02.50	2
	41-02.50 FOUL FOUL					
16	Drouillard, Layten	11	Fergus Falls	38-00.00	40-00.50	1
	36-00.50 40-00.50 FOUL					
17	Mathiasen, William	11	Sartell	41-08.75	39-10.50	1
	37-08.50 39-10.50 39-04.50					
18	Sundell, Charlie	10	Sartell	42-07.00	39-06.50	2
	FOUL FOUL 39-06.50					
19	Wynn-Sheldon, Quinn	9	Fergus Falls	37-05.50	38-10.50	1
	38-10.50 37-11 36-09					
20	Martinson, Joseph	10	Alexandria	39-08.50	37-04.50	1
	34-01 34-07.50 37-04.50					
21	Lekatz, Matt	10	Brainerd	36-08.00	36-04.50	1
	36-04.50 35-10.50 FOUL					
22	Gray, Dylan	10	Alexandria	38-09.00	36-03.00	1
	33-03 FOUL 36-03					
23	Young, Kaiis	12	St. Cloud Tech		32-08.00	3
	32-08 30-05 32-07					
24	Adams, Cody	11	St. Cloud Apollo	36-05.50	29-10.50	1
	FOUL 29-10.50 FOUL					
--	Maldonado, Diego	11	St. Cloud Apollo	45-00.50	FOUL	2
	FOUL FOUL FOUL					

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 26 Boys Shot Put**

CLC Outdoor: # 59-05.75 1982 J. Keubelbeck, Little Falls
 Name Year School Prelims Finals

Finals

1	Gross, Dylan	11	Brainerd	57-08.50	59-00.75
	57-08.50 58-01.50 59-00		59-00.75		
2	Jensen, Alexander	12	Fergus Falls	56-00.00	56-00.00
	56-00 FOUL FOUL 55-05.50				
3	Minnerath, Grady	11	Rocori	51-05.50	51-05.50
	51-05.50 FOUL 50-07 FOUL				
4	Cox-Payton, Derrick	12	St. Cloud Tech	49-08.00	49-08.00
	49-08 46-03.50 47-03.50 FOUL				
5	Ritz, Jonathan	11	Willmar	47-04.50	47-04.50
	47-04.50 46-01 45-10 FOUL				
6	Dockendorf, Luke	12	Rocori	47-00.50	47-00.50
	47-00.50 FOUL 44-00.50 FOUL				
7	Sayre, Ashton	12	Alexandria	46-07.50	46-07.50
	46-07.50 45-02.50 FOUL 45-05.50				
8	Kowalczyk, Tyler	12	Willmar	46-00.00	46-00.00
	46-00 45-07 42-08 45-07.50				
9	Wind, Mitch	11	Brainerd	44-11.00	45-02.50
	44-11 43-02 43-03.50 45-02.50				

Event 27 Girls Discus Throw

CLC Outdoor: # 148-08 1993 Sandy Fuchs, Rocori
 Name Year School Seed Prelims H#

Preliminaries

1	Sowada, Amaria	11	Alexandria	122-00	118-05q	3
	109-02 FOUL 118-05					
2	Mushatt, Brooke	11	Sauk Rapids-Rice	126-00	115-05q	3
	115-05 FOUL 101-11					
3	Brown, Ellie	12	Brainerd	116-10	114-11q	3
	107-02 114-11 FOUL					
4	Quinn, Avery	11	Willmar	117-08	109-04q	3
	109-04 108-03 109-00					
5	Maagard, Elise	11	Alexandria	125-02	108-03q	3
	108-03 FOUL FOUL					
6	Kahre, Mckenzie	12	Sartell	106-05	102-06q	3
	102-06 92-04 FOUL					
7	Finnern, Kajsa	11	Sartell	113-09	102-04q	3
	102-04 98-05 97-11					
8	Schneider, Brianna	10	Rocori	116-09	98-09q	3
	92-10 98-09 FOUL					
9	Adams, Samantha	12	St. Cloud Apollo	87-00	95-03q	1
	83-11 95-03 80-10					
10	Vanvickle, Lauren	9	Sauk Rapids-Rice	93-03	94-11	2
	89-07 94-11 93-07					
11	Mueffelmann, Chloe	11	Rocori	90-08	92-06	2
	86-01 92-06 79-08					
12	Mueffelmann, Paige	11	Rocori	94-08	91-11	2
	91-11 FOUL 89-10					
13	Fiedler, Ava	10	Sartell	99-11	90-03	2
	FOUL 70-08 90-03					

2023 CLC Outdoor Championship - 5/23/2023

Sartell HS Track

Results

....Event 27 Girls Discus Throw

14 Cox, Aisling	11 Fergus Falls	87-11	84-00	2
FOUL 84-00 81-04				
15 Bos, Meryl	11 Willmar	88-03	83-03	2
83-03 FOUL 77-09				
16 Smiley, Siarra	9 St. Cloud Tech	77-08.50	80-00	1
67-04 80-00 FOUL				
17 McDonald, Grace	10 St. Cloud Tech	76-00	77-08	1
76-01 77-08 76-02				
18 Riley, Elianna	12 Brainerd	92-00	75-04	2
69-07 70-01 75-04				
19 Butler, Macee	11 Fergus Falls	71-10	75-00	1
75-00 70-03 FOUL				
20 Zierden, Brook	9 Fergus Falls	81-05	72-01	1
72-01 FOUL 64-11				
21 Heringlake, Lucy	9 St. Cloud Apollo	77-02	71-10	1
FOUL 66-10 71-10				
22 Kimman, Kaitlyn	12 Sauk Rapids-Rice	91-07	71-07	2
FOUL FOUL 71-07				
23 Naillon, Josie	9 Brainerd	70-00	68-09	1
65-08 68-09 66-05				
24 Cox-Payton, Alexcya	11 St. Cloud Tech	81-04	66-03	1
66-03 FOUL 59-07				
-- Knadel, Taylor	9 St. Cloud Apollo	58-03	FOUL	1
FOUL FOUL FOUL				
-- Larson, Makenna	11 Willmar	97-08	FOUL	2
FOUL FOUL FOUL				
-- Wagner, Maya	11 Alexandria	115-00	FOUL	3
FOUL FOUL FOUL				

Event 27 Girls Discus Throw

=====				
CLC Outdoor: # 148-08	1993	Sandy Fuchs, Rocori		
Name	Year	School	Prelims	Finals
=====				
Finals				
1 Sowada, Amaria		11 Alexandria	118-05	118-05
118-05 115-11 FOUL FOUL				
2 Mushatt, Brooke		11 Sauk Rapids-Rice	115-05	117-02
115-05 113-00 117-02 FOUL				
3 Maagard, Elise		11 Alexandria	108-03	117-00
108-03 114-09 117-00 FOUL				
4 Brown, Ellie		12 Brainerd	114-11	114-11
114-11 FOUL FOUL FOUL				
5 Finnern, Kajsa		11 Sartell	102-04	111-08
102-04 111-08 99-03 100-00				
6 Quinn, Avery		11 Willmar	109-04	109-04
109-04 104-11 105-11 FOUL				
7 Schneider, Brianna		10 Rocori	98-09	109-00
98-09 107-04 97-10 109-00				
8 Kahre, Mckenzie		12 Sartell	102-06	102-06
102-06 FOUL 97-08 FOUL				
9 Adams, Samantha		12 St. Cloud Apollo	95-03	95-03
95-03 FOUL FOUL 87-05				

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 28 Boys Discus Throw**

CLC Outdoor: # 167-02 1978				Layne Kelly, St. Cloud Tech			
Name	Year	School	Seed	Prelims	H#		
Preliminaries							
1 Jensen, Alexander	12	Fergus Falls	157-04	158-00q	3		
130-10	158-00	FOUL					
2 Oker, Jack	11	St. Cloud Tech	141-02	137-08q	3		
137-08	FOUL	119-07					
3 Cox-Payton, Derrick	12	St. Cloud Tech	141-02	136-11q	3		
136-11	136-00	122-06					
4 Venenga, Hayden	11	Willmar	144-05	131-08q	3		
128-08	131-08	FOUL					
5 Sundell, Charlie	10	Sartell	136-00	128-00q	3		
124-08	122-02	128-00					
6 Vosberg, Nathan	12	Sartell	123-00	126-03q	2		
96-03	103-06	126-03					
7 Jahner, Simon	10	Alexandria	14-03.50	125-09q	2		
109-00	125-09	106-09					
8 Drouillard, Layten	11	Fergus Falls	117-00	125-08q	2		
124-07	125-08	FOUL					
9 Minnerath, Grady	11	Rocori	116-04	118-09q	2		
118-09	115-10	FOUL					
10 Dockendorf, Luke	12	Rocori	136-00	118-08	3		
115-06	107-07	118-08					
11 Adams, Cody	11	St. Cloud Apollo	110-10	114-10	1		
94-10	109-02	114-10					
12 Goblirsch, Dylan	11	Willmar	130-09	113-06	3		
113-06	99-10	FOUL					
13 Gross, Dylan	11	Brainerd	137-02	113-03	3		
111-00	113-03	FOUL					
14 Thompson, Cullen	10	Sauk Rapids-Rice	113-00	109-08	2		
99-00	FOUL	109-08					
15 Maldonado, Diego	11	St. Cloud Apollo	110-08	103-10	1		
103-10	FOUL	FOUL					
16 Hoagland, Anthony	10	St. Cloud Apollo	100-05	100-08	1		
91-09	96-06	100-08					
17 Wind, Mitch	11	Brainerd	101-05	98-02	1		
87-01	91-00	98-02					
18 Mathiasen, William	11	Sartell	124-06	98-00	2		
97-08	FOUL	98-00					
19 Minnerath, Sawyer	9	Rocori	104-00	95-09	1		
95-09	FOUL	FOUL					
20 Sayre, Ashton	12	Alexandria	134-05	95-07	3		
FOUL	FOUL	95-07					
21 Christen, Sterling	10	St. Cloud Tech		93-09	2		
89-11	FOUL	93-09					
22 Kohout, Robert	11	Alexandria	108-00	93-00	1		
93-00	91-06	FOUL					
23 Lekatz, Matt	10	Brainerd	112-02	91-10	2		
91-02	FOUL	91-10					
24 Thurston, Xavier	10	Sauk Rapids-Rice	109-11	90-08	1		
FOUL	FOUL	90-08					
25 Fransen, Kristain	10	Fergus Falls	101-06	90-07	1		
90-07	88-08	FOUL					
-- Ritz, Jonathan	11	Willmar	124-03	DNS	2		

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****Event 28 Boys Discus Throw**

CLC Outdoor: # 167-02 1978		Layne Kelly, St. Cloud Tech		
Name	Year	School	Prelims	Finals
Finals				
1 Jensen, Alexander	12	Fergus Falls	158-00	158-00
158-00	147-08	143-00	FOUL	
2 Cox-Payton, Derrick	12	St. Cloud Tech	136-11	138-10
136-11	138-10	127-09	122-00	
3 Oker, Jack	11	St. Cloud Tech	137-08	137-10
137-08	FOUL	134-02	137-10	
4 Venenga, Hayden	11	Willmar	131-08	132-00
131-08	127-08	132-00	130-08	
5 Sundell, Charlie	10	Sartell	128-00	128-00
128-00	107-03	FOUL	123-07	
6 Drouillard, Layten	11	Fergus Falls	125-08	127-07
125-08	118-00	127-07	126-00	
7 Vosberg, Nathan	12	Sartell	126-03	126-03
126-03	118-00	115-02	122-04	
8 Jahner, Simon	10	Alexandria	125-09	125-09
125-09	FOUL	FOUL	FOUL	
9 Minnerath, Grady	11	Rocori	118-09	118-09
118-09	x			

Event 29 Girls Long Jump

CLC Outdoor: # 18-07.75 2018		Jodie Lipp, St. Cloud Tech			
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Schneider, Kaija	10	Alexandria	16-06.50	17-05.50q	2
16-09.25	17-05.50	FOUL			
2 Thoennes, Ava	11	Rocori	17-09.00	17-01.00q	2
16-04.50	17-01	FOUL			
3 Starzl, Ella	11	Fergus Falls	16-04.75	16-06.50q	2
15-10.25	15-10	16-06.50			
4 Francois, Madeline	11	Sartell	15-06.25	16-05.50q	1
16-05.50	14-10	15-08.25			
5 Jensen, Miracle	9	St. Cloud Tech	15-03.50	16-02.75q	1
15-01.25	16-02.75	14-00.75			
6 Jacobson, Avery	10	Rocori	15-11.00	16-01.25q	2
16-01.25	FOUL	FOUL			
7 Gack, Kennedi	10	Sartell	15-09.50	15-11.50q	2
15-10.25	15-05.25	15-11.50			
8 Steussy, Ella	12	Alexandria	15-03.50	15-10.25q	1
15-10.25	15-02	15-06.50			
9 Beier, Mallory	9	Willmar	16-02.50	15-10.00q	2
15-06.75	15-05.75	15-10			
10 Hodges, Deshawna	12	Willmar	15-07.75	15-06.00	2
14-02.50	15-06	14-11.75			
11 Stavish, Lainey	10	Sartell	16-09.00	15-02.75	2
15-02.75	14-03.75	15-00.25			
12 Krasky, Alison	10	Alexandria	16-04.00	15-02.25	2
14-01.75	15-02.25	14-11.50			
13 Sheflo, Emma	12	Brainerd	15-09.00	15-00.75	2
14-06.75	15-00.75	14-09.75			

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 29 Girls Long Jump**

14	Peterson, Wendi	9	Sauk Rapids-Rice	14-11.25	15-00.50	1
	13-06.50 15-00.50 14-02					
15	Seedorf, Aubrey	10	Fergus Falls	14-11.50	14-10.25	1
	14-10.25 FOUL FOUL					
16	Duininck, Hattie	9	Brainerd	15-05.75	14-09.25	1
	14-09.25 14-03.50 13-07.75					
17	Ciarrochi, Grace	12	St. Cloud Tech	15-02.50	14-08.75	1
	14-05 14-08.75 13-07					
18	Lang, Telilie	9	Willmar	14-11.50	14-06.00	1
	13-03.75 14-06 12-09					
19	Fear, Mayah	10	Fergus Falls	14-05.00	13-10.25	1
	13-09.50 13-10 13-10.25					
20	Simon, Abigail	12	St. Cloud Tech	13-03.50	12-06.75	1
	10-07.50 12-06 12-06.75					
21	Mezquita, Arianny	9	St. Cloud Apollo	13-03.50	12-05.25	1
	11-07.25 11-09 12-05.25					
--	Loney, Ava	10	Brainerd	16-04.00	FOUL	2
	FOUL FOUL FOUL					

Event 29 Girls Long Jump

CLC Outdoor: # 18-07.75 2018 Jodie Lipp, St. Cloud Tech
 Name Year School Prelims Finals

Finals

1	Thoennes, Ava	11	Rocori	17-01.00	17-08.25
	17-01 FOUL 16-11.25 17-08.25				
2	Schneider, Kaija	10	Alexandria	17-05.50	17-05.50
	17-05.50 16-02.25 16-04.50 16-01				
3	Starzl, Ella	11	Fergus Falls	16-06.50	16-06.50
	16-06.50 16-03.50 15-07 15-01.25				
4	Francois, Madeline	11	Sartell	16-05.50	16-05.50
	16-05.50 15-04.75 15-01.75 15-05				
5	Beier, Mallory	9	Willmar	15-10.00	16-04.25
	15-10 16-04.25 15-11 15-08.50				
6	Jensen, Miracle	9	St. Cloud Tech	16-02.75	16-02.75
	16-02.75 14-05 15-00 15-04				
7	Jacobson, Avery	10	Rocori	16-01.25	16-01.25
	16-01.25 15-07.75 16-01 13-10.50				
8	Steussy, Ella	12	Alexandria	15-10.25	16-00.50
	15-10.25 16-00.50 16-00 15-11.75				
9	Gack, Kennedi	10	Sartell	15-11.50	15-11.50
	15-11.50 FOUL 15-03 15-03.25				

Event 30 Boys Long Jump

CLC Outdoor: # 22-07 2018 Robert Sewell, Fergus Falls
 Name Year School Seed Prelims H#

Preliminaries

1	Mahowald, Anthony	12	Sartell	21-00.00	21-06.50q	3
	19-00 21-06.50 20-02.25					
2	Nikolas, Arik	12	St. Cloud Tech	19-07.75	20-08.00q	3
	20-08 20-01.50 19-02.50					

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 30 Boys Long Jump**

3	Tylutki, Grant	10	Rocori	19-09.25	20-00.50q	3
	20-00.50	19-01	18-04.25			
3	Zierden, Shane	11	Fergus Falls	19-06.00	20-00.50q	3
	19-01.50	20-00.50	18-09			
5	Kludt, Evan	10	Alexandria	20-09.50	19-08.50q	3
	16-11.50	19-00	19-08.50			
6	Gorghuber, Mason	10	Alexandria	20-01.00	19-04.25q	3
	19-04.25	19-01.25	19-00.50			
7	Braegelmann, Calvin	10	Sartell	18-10.00	19-02.50q	2
	FOUL	19-02.50	FOUL			
8	Merseth, Jake	11	Brainerd	18-11.00	18-10.00q	2
	17-07.25	18-10	18-06.50			
8	Fletcher, Damarius	11	St. Cloud Tech	18-10.25	18-10.00q	2
	17-06.25	17-07.50	18-10			
10	Symanietz, Owen	10	Sauk Rapids-Rice	19-07.00	18-08.75	3
	17-09.50	18-08.75	FOUL			
11	Teboh, Batuo	10	St. Cloud Tech	17-11.00	18-03.50	2
	FOUL	18-03.50	17-03			
12	Schuett, Briar	8	Willmar	17-00.00	18-03.00	1
	18-03	17-11	17-08.25			
13	Weekley, Braydon	11	St. Cloud Apollo	18-01.00	18-01.50	2
	18-01.50	16-06.25	FOUL			
14	Johnson, Kelly	12	Alexandria	19-08.50	17-11.50	3
	17-10	FOUL	17-11.50			
15	Fjeld, Cole	12	Brainerd	17-07.00	17-10.75	1
	17-09	17-10.50	17-10.75			
16	Evans, Tyler	11	Willmar	18-05.25	17-10.00	2
	17-08	17-10	17-06			
17	Johnson, Noah	11	Rocori	19-07.00	17-08.50	3
	FOUL	FOUL	17-08.50			
18	Granroth, Kellen	10	Sartell	17-10.50	17-07.00	1
	17-07	17-07	FOUL			
19	Juetten, Isaac	12	Sauk Rapids-Rice	17-01.75	17-05.50	1
	17-05.50	16-04	17-04.50			
20	Zender-Severson, Jaxon	11	Fergus Falls	16-11.50	17-04.00	1
	16-08.50	FOUL	17-04			
21	Camara, Anthony	10	Sauk Rapids-Rice	18-06.00	17-03.50	2
	17-03.25	16-11.75	17-03.50			
22	Guggenberger, Ethan	10	Rocori	17-04.25	16-11.75	1
	15-03.25	16-10	16-11.75			
23	Rott, Logan	11	Fergus Falls	17-00.00	16-11.50	1
	16-10.25	16-11.50	FOUL			
24	Nelson, Ty	10	Brainerd	17-06.00	16-11.25	1
	16-11.25	15-10.50	16-04.50			
--	Helfinstine, Koda	11	Willmar	18-07.00	FOUL	2
	FOUL	FOUL	FOUL			

Event 30 Boys Long Jump

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CLC Outdoor: # 22-07 2018 Robert Sewell, Fergus Falls						
Name	Year	School	Prelims	Finals		
=====						
Finals						
1	Mahowald, Anthony	12	Sartell	21-06.50	21-06.50	
	21-06.50	18-11.50	20-07.25	19-02.25		

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 30 Boys Long Jump**

2 Kludt, Evan	10 Alexandria	19-08.50	21-03.00
19-08.50 20-01 21-03 19-11			
3 Nikolas, Arik	12 St. Cloud Tech	20-08.00	20-08.00
20-08 19-02.75 19-07.75 19-10.50			
4 Zierden, Shane	11 Fergus Falls	20-00.50	J20-00.50
20-00.50 12-06.50 17-09.75 18-00.25			
5 Tylutki, Grant	10 Rocori	20-00.50	J20-00.50
20-00.50 18-07.25 18-06 19-00.50			
6 Gorghuber, Mason	10 Alexandria	19-04.25	19-07.00
19-04.25 17-05 19-03 19-07			
7 Fletcher, Damarius	11 St. Cloud Tech	18-10.00	19-05.00
18-10 18-08 19-05 FOUL			
8 Braegelmann, Calvin	10 Sartell	19-02.50	19-02.50
19-02.50 FOUL 18-09.75 18-06.50			
9 Merseth, Jake	11 Brainerd	18-10.00	18-10.00
18-10 18-01.25 18-02.75 17-03.50			

Event 31 Girls Triple Jump

CLC Outdoor: # 37-07.50 2018 Jodie Lipp, St. Cloud Tech

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1 Steussy, Ella	12 Alexandria	35-04.00	35-00.50q	2
34-01 34-08 35-00.50				
2 Van Erp, Kate	10 Rocori	35-09.25	34-09.50q	2
34-05.75 34-09.50 34-09				
3 Koosman, Lyndi	11 Willmar	35-09.50	34-09.00q	2
FOUL 34-01.75 34-09				
4 Korynta, Sophia	11 Alexandria	33-10.00	32-10.50q	2
32-10.50 32-00 31-03.50				
5 Krasky, Alison	10 Alexandria	33-03.50	32-07.00q	2
31-10.50 32-07 31-10				
6 Hagelie, Molly	12 Brainerd	33-04.00	32-01.75q	2
32-01.75 31-00.75 31-11.25				
7 Nordlund, Sarah	10 Fergus Falls	32-05.00	32-01.00q	2
32-01 31-04.25 31-05				
8 Seedorf, Aubrey	10 Fergus Falls	32-06.50	31-08.50q	2
28-05 31-00 31-08.50				
9 Nordby, Anna	11 Sartell	32-00.00	31-07.50q	1
31-00.25 31-07.50 30-10.25				
10 Brown, Ellie	12 Brainerd	32-03.00	30-08.50	2
30-08.50 FOUL 30-05.50				
11 Willenbring, Chelsea	7 Rocori	31-04.50	30-06.50	1
30-06.50 28-02.75 28-09.50				
12 Castle, Lauren	10 Brainerd	32-00.00	30-06.25	1
30-06.25 29-05 FOUL				
13 Solorz, Hannah	9 Sauk Rapids-Rice	30-11.00	30-05.25	1
25-02.50 28-04 30-05.25				
14 Peterson, Abigail	12 St. Cloud Tech	29-10.00	30-04.75	1
30-04.75 28-08.50 FOUL				
15 Brown, Carlee	9 Willmar	30-08.00	29-10.75	1
28-03.50 28-00 29-10.75				
16 Haus, Abigail	11 Sartell	32-02.25	29-07.00	2
29-07 FOUL FOUL				

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 31 Girls Triple Jump**

17	Fear, Mayah	10	Fergus Falls	32-01.50	29-02.50	2
	29-02.50 FOUL FOUL					
18	Rodriguez, Iris	10	St. Cloud Tech	29-00.00	28-08.50	1
	28-08.50 28-02.50 28-06					
19	Glein-Erickson, Rheya	9	Willmar	29-00.50	27-05.50	1
	FOUL 27-02.50 27-05.50					
--	Ciarrochi, Grace	12	St. Cloud Tech	32-00.00	FOUL	1
	FOUL FOUL FOUL					
--	Legatt, Brooke	11	Sartell	31-02.00	FOUL	1
	FOUL FOUL FOUL					

Event 31 Girls Triple Jump

CLC Outdoor: # 37-07.50 2018 Jodie Lipp, St. Cloud Tech
 Name Year School Prelims Finals

Finals

1	Steussy, Ella	12	Alexandria	35-00.50	35-00.50
	35-00.50 33-06.50 34-00.50 34-00.50				
2	Van Erp, Kate	10	Rocori	34-09.50	34-09.50
	34-09.50 32-10.50 34-05.50 34-03.75				
3	Koosman, Lyndi	11	Willmar	34-09.00	34-09.00
	34-09 32-02.50 32-05 32-07.50				
4	Krasky, Alison	10	Alexandria	32-07.00	34-02.00
	32-07 31-06.50 33-00.50 34-02				
5	Korynta, Sophia	11	Alexandria	32-10.50	32-11.00
	32-10.50 32-11 31-08.75 31-11				
6	Hagelie, Molly	12	Brainerd	32-01.75	32-06.25
	32-01.75 31-07 31-11.50 32-06.25				
7	Nordlund, Sarah	10	Fergus Falls	32-01.00	32-01.00
	32-01 31-11 31-02.75 31-08				
8	Seedorf, Aubrey	10	Fergus Falls	31-08.50	31-08.50
	31-08.50 30-06 31-06 FOUL				
9	Nordby, Anna	11	Sartell	31-07.50	31-07.50
	31-07.50 31-00.75 29-07.50 30-09.50				

Event 32 Boys Triple Jump

CLC Outdoor: # 46-02 2001 Paul Ferber, St. Cloud Tech
 Name Year School Seed Prelims H#

Preliminaries

1	Zierden, Shane	11	Fergus Falls	44-00.00	42-10.25q	3
	42-10.25 42-00.50 42-09.50					
2	Nikolas, Arik	12	St. Cloud Tech	41-04.75	41-04.00q	3
	FOUL 40-10.50 41-04					
3	Kludt, Evan	10	Alexandria	41-05.00	40-08.25q	3
	40-08.25 FOUL 40-03					
4	Mahowald, Anthony	12	Sartell	41-05.00	40-06.50q	3
	40-06 40-06.50 40-05					
5	Johnson, Noah	11	Rocori	39-10.50	39-10.00q	2
	38-06 39-05 39-10					
6	Heydt, Macklen	10	Alexandria	40-03.00	39-09.50q	3
	FOUL 39-09.50 38-02					

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 32 Boys Triple Jump**

7 Sportel, William	11 Willmar	40-05.00	39-05.00q	3
39-02 39-05 38-08.50				
8 Gorghuber, Mason	10 Alexandria	41-08.50	39-02.00q	3
FOUL 38-06 39-02				
9 May, Ezra	10 Willmar	40-11.75	38-10.50q	3
37-07 37-03 38-10.50				
10 Kaba, Bangaly	12 St. Cloud Apollo	38-09.00	38-08.00	2
38-08 FOUL FOUL				
10 Vos, Matthew	11 Sartell	38-02.00	38-08.00	2
38-08 38-08 36-10				
12 Nelson, Ty	10 Brainerd	40-03.50	38-07.50	3
38-07.50 38-07 37-09				
13 Viemeister, Jackson	10 Rocori	39-07.00	38-00.00	2
FOUL 36-05 38-00				
14 Sabraski, Mason	10 Sauk Rapids-Rice	37-01.50	37-11.25	2
FOUL 37-06 37-11.25				
15 Muchow, Andrew	10 Fergus Falls	37-06.00	36-09.50	2
35-06.50 36-09.50 36-03.50				
16 Dingmann, John	10 Rocori	35-07.50	36-06.25	1
35-04 36-06.25 36-03				
17 Aden, Khalid	10 St. Cloud Tech	36-09.00	36-04.25	1
35-11 36-04.25 34-03				
18 Theis, Andrew	8 Sauk Rapids-Rice	36-09.00	36-04.00	1
36-04 FOUL 35-11.50				
19 Lelwica, Alex	10 Brainerd	36-08.75	35-10.50	1
FOUL 35-10.50 FOUL				
20 Walrath, Shaun	11 Sauk Rapids-Rice	36-06.00	35-07.00	1
FOUL FOUL 35-07				
21 Wheeler-Carranza, Ayden	10 Brainerd	37-03.75	34-05.00	2
33-10.50 FOUL 34-05				
22 Mohr, Matthew	11 Willmar	33-06.50	31-06.00	1
FOUL 31-06 FOUL				
23 Rott, Logan	11 Fergus Falls	34-08.50	30-10.50	1
30-10.50 30-09.25 30-09				
-- Villarreal, Caden	12 Sartell	36-06.50	DNS	1

Event 32 Boys Triple Jump

CLC Outdoor: # 46-02 2001		Paul Ferber, St. Cloud Tech	
Name	Year School	Prelims	Finals
Finals			
1 Zierden, Shane	11 Fergus Falls	42-10.25	42-10.25
42-10.25 42-06 FOUL 41-09			
2 Mahowald, Anthony	12 Sartell	40-06.50	41-11.50
40-06.50 40-03 41-11.50 FOUL			
3 Gorghuber, Mason	10 Alexandria	39-02.00	41-04.25
39-02 40-00 41-04.25 40-06.50			
4 Nikolas, Arik	12 St. Cloud Tech	41-04.00	41-04.00
41-04 40-06.75 FOUL 40-09.50			
5 Kludt, Evan	10 Alexandria	40-08.25	41-00.00
40-08.25 40-05 41-00 40-05.75			
6 Johnson, Noah	11 Rocori	39-10.00	39-10.00
39-10 38-04 38-02.75 39-09			

2023 CLC Outdoor Championship - 5/23/2023

Sartell HS Track

Results

....Event 33 Girls High Jump

15 Villnow, Maddie	9 Willmar	4-06.00	J4-06.00
4-06 4-08			
XXO XXX			
15 Broman, Annika	12 Sauk Rapids-Rice	4-09.00	J4-06.00
4-06 4-08			
XXO XXX			
-- Marin Sanchis, Andrea	10 Willmar	4-04.00	NH
4-06			
XXX			
-- Engel, Leighton	9 St. Cloud Apollo	4-04.00	NH
4-06			
XXX			
-- Scharnberg, Hannah	10 Fergus Falls	4-03.00	NH
4-06			
XXX			
-- Glein-Erickson, Rheya	9 Willmar	4-06.00	NH
4-06			
XXX			
-- Adams, Jacklynn	9 St. Cloud Tech	4-06.00	NH
4-06			
XXX			
-- Erickson, Eliana	9 St. Cloud Tech	4-06.00	NH
4-06			
XXX			

Event 34 Boys High Jump

CLC Outdoor: # 6-08 2006										Edgar Kirabira, St. Cloud Tech	
Name	Year	School	Seed	Finals							
1 Balcome, Jacob	12	Alexandria	6-00.00	6-02.00							
5-04 5-06 5-08 5-10 6-00 6-02 6-03											
P O O XO O XXO XXX											
2 Boyongo, Amarr	11	St. Cloud Tech	6-00.00	6-00.00							
5-04 5-06 5-08 5-10 6-00 6-02											
P O O O O XXX											
3 Pederson, Jack	12	Sartell	5-10.00	5-10.00							
5-04 5-06 5-08 5-10 6-00											
P O O O XXX											
4 Frusciante, Dylan	11	Alexandria	6-00.00	5-08.00							
5-04 5-06 5-08 5-10											
O O O XXX											
4 Anderson, Otto	10	Alexandria	5-10.00	5-08.00							
5-04 5-06 5-08 5-10											
O O O XXX											
6 Granroth, Kellen	10	Sartell	5-08.00	J5-08.00							
5-04 5-06 5-08 5-10											
O XO XO XXX											
6 Ackerman, Spencer	9	Sauk Rapids-Rice	5-09.00	J5-08.00							
5-04 5-06 5-08 5-10											
P XO XO XXX											
8 Smith, Joe	9	Brainerd	5-06.00	J5-08.00							
5-04 5-06 5-08 5-10											
XO XO XXO XXX											

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 34 Boys High Jump**

9 Becker, Rich	11 Willmar	5-06.00	5-06.00
5-04 5-06 5-08			
O XO XXX			
10 Walrath, Shaun	11 Sauk Rapids-Rice	5-07.00	J5-06.00
5-04 5-06 5-08			
XO XO XXX			
10 Schilling, Kaden	10 Brainerd	5-04.00	J5-06.00
5-04 5-06 5-08			
XO XO XXX			
12 Carlson, Cayden	9 Sartell	5-06.00	J5-06.00
5-04 5-06 5-08			
O XXO XXX			
13 Vasek, Logan	11 St. Cloud Apollo	5-02.00	5-04.00
5-04 5-06			
O XXX			
14 Kowalczyk, Tyler	12 Willmar	5-04.00	J5-04.00
5-04 5-06			
XO XXX			
14 Muchow, Andrew	10 Fergus Falls	5-06.00	J5-04.00
5-04 5-06			
XO XXX			
14 Wheeler-Carranza, Ayden	10 Brainerd	5-04.00	J5-04.00
5-04 5-06			
XO XXX			
17 Harris, Jaden	11 St. Cloud Tech	5-04.00	J5-04.00
5-04 5-06			
XXO XXX			
-- Dvorsak, Hunter	12 St. Cloud Apollo	5-03.00	NH
5-04			
XXX			
-- Adams, Cody	11 St. Cloud Apollo	5-00.00	NH
5-04			
XXX			
-- Kiffmeyer, Dwight	11 Rocori	5-00.00	NH
5-04			
XXX			
-- Bredenberg, Logan	10 Fergus Falls	5-04.00	NH
5-04			
XXX			
-- Lieser, Ty	12 Rocori	5-04.00	NH
5-04			
XXX			
-- Welde, Jack	10 Fergus Falls	5-06.00	NH
5-04			
XXX			
-- Eichhorst, Carson	11 Willmar	5-04.00	NH
5-04			
XXX			
-- Guggenberger, Ethan	10 Rocori	5-04.00	NH
5-04			
XXX			

2023 CLC Outdoor Championship - 5/23/2023**Sartell HS Track****Results****....Event 36 Boys Pole Vault**

-- Heinks, Alexander	11 St. Cloud Tech	9-00.00	NH
10-00			
XXX			
-- Rodine, Boe	9 Sartell	8-06.00	NH
10-00			
XXX			
-- Carlson, Cavin	9 Willmar	10-06.00	NH
10-00			
XXX			
-- Kalenda, David	10 Rocori	8-00.00	NH
10-00			
XXX			
-- Mattick, Bjorn	11 St. Cloud Tech	9-06.00	NH
10-00			
XXX			
-- Helfinstine, Koda	11 Willmar	13-03.00	NH
10-00 10-09			
P XXX			
-- Hoelzel, Gavin	12 Brainerd	12-06.00	DNS

 Women - Team Rankings - 18 Events Scored

1) Alexandria	190.50	2) Rocori	132
3) Brainerd	130	4) Willmar	84.50
5) Sartell	64	6) Fergus Falls	49
7) Sauk Rapids-Rice	28	8) St. Cloud Tech	21

 Men - Team Rankings - 18 Events Scored

1) Alexandria	194.50	2) Brainerd	84
3) Sartell	81.50	4) Willmar	76
5) Fergus Falls	72.50	6) Rocori	69
7) St. Cloud Tech	64	8) Sauk Rapids-Rice	49.50
9) St. Cloud Apollo	11		